

Full Name:..... Group:.....

Mark:...../20

The First Semester Exam

Activity 1: Say whether the following statements are true or false. Correct the false ones. (05pts)

1.Planning is the first thing learners do to be good managers. **False (0.5pt)**

Setting goals is the first thing learners do to be good managers. (0.5pt)

2. 'I will do well in my first term exams' is a SMART goal. **False (0.5pt)**

'I will do well in my first term exams' is not measurable nor specific. (0.5pt)

3.Procrastination means covering a huge amount of lessons just before passing a test. **False(0.5pt)**

Cramming means covering a huge amount of lessons just before passing a test./

Procrastination means postponing or delaying doing homework or revising lesson. (0.5pt)

4.Learning styles are specific ways to deal with information in particular contexts. **True (01pt)**

5.Time management is the regular practices learners do to gain knowledge. **False (0.5pt)**

Study habits are the regular practices learners do to gain knowledge./

Time management is the process organizing and planning how to divide time between different activities. (0.5pt)

Activity 2: Fill in the gaps with the appropriate words. (05pts)

1. A goal is **purpose/ objective/ desired state or image (0.5pt)** towards which **endeavour/ action (0.5pt)** is directed .

2. **Musical- auditory learners (0.5pt)** learn most effectively by listening. One of the techniques they use is **songs/ jiggles/ rhymes/ rhythms/ podcasts/ explaining to other people/ discussions (0.5pt)**

3. Good study habits can increase students' **grades/ self-esteem/ self-confidence/ level/ competence. 2*(0.5pt)**

4. **Stress relief/ more extra time/ more opportunities/ good quality work/ sense of control/ the realization of goals 2*(0.5pt)** are two benefits students can have for good time management.

5. Prioritization refers to ordering tasks according to their **importance/ value (0.5pt)** and urgency/ time of **achievement/ requirements (0.5pt).**

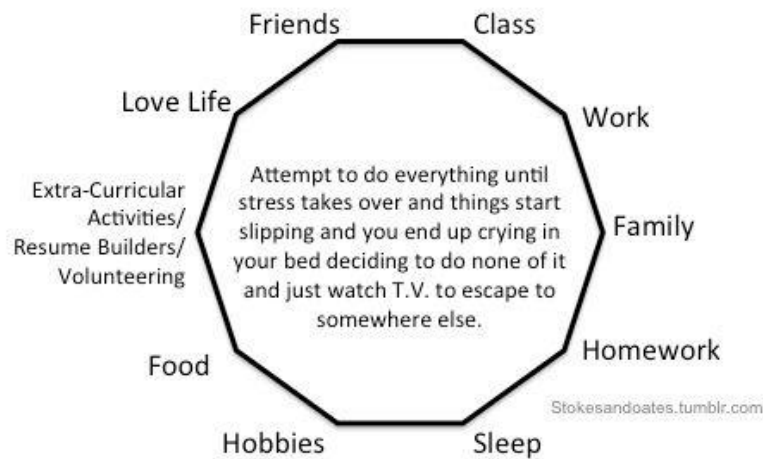
Activity3: State and explain briefly four bad/poor study habits that you need to avoid in order to be a good language learner. (04pts)

Procrastination /Studying in uncomfortable conditions/ listening to loud music/ Cramming/ Not taking notes/ skipping classes.

Stating the bad habits = 4*(0.5pt) + explaining each briefly= 4*(0.5pt)

Activity 4: The following diagram represents different aspects of the life of a university student. How can students manage all these aspects without feeling overwhelmed?

(06pts)



Content: 02 pts (setting goals- prioritizing tasks- managing time- organization- planning- self-regulation)

Structure and argumentation: 02 pts

Language: 02 pts