Mohamed Khider University of Biskra **Faculty of Letters and Languages Department of ENGLISH**

Level: L1

Course: Study Skills Timing: 1h and 30 mins

Mark:...../20 Full Name:.... Group: 07

S2 Resit Exam

Activity 1: Write the appropriate term for the following definitions.

(04pts)

1-The mental process of committing information to memory for later retrieval. **Memorization**

2- To study again, to go through what has been previously studied.

Revision

3-After-class meetings held for the aim of doing joint assignments.

A project group

4-A state of nervousness that students experience while taking a test or an exam.

Test/ exam anxiety

Activity 2: Complete the following statements.

(06pts)

- 1-A project group and a discussion group are two types of study groups.
- 2-Passive revision includes reading notes / copying out materials/ highlighting information.
- 3-Active revision involves summarizing/organizing information/preparing model answers/ searching real life examples/ discussing materials with others.
- 4-Encoding/storage and retrieval are two processes involved in memorization.
- 5- Students can improve their memorization by using using state dependent memory/ schematizing/ assigning meaningfulness/ practicing and repeating/ activating the five senses/reciting aloud/ practicing questions/ sleeping on it.
- 6- Academic disagreements is class discussion may benefit the learner to develop the skills of asking relevant questions, reflecting well on topics, arguing for their points of view and seeing things from different perspectives.

Activity3 There are certain considerations to take into account while forming a study group. Mention four (4) of them. (04pts)

Group size – location- plan of work- preparation on an individual basis.

Activity 4: While taking exams, some students may suffer from stress and anxiety. Write a paragraph to mention and to explain briefly some useful techniques students can employ to remedy such a problem.

(06pts)

Form (02 pts): correct language, coherence, cohesion and punctuation.

Content (04pts): logical order, relevance of information and good argumentation.

Key expressions:

- Arriving early to get comfortable in the environment and feel more relaxed.
- Minding your posture; sitting up straight can trick your mind into being more confident.
- Taking deep breaths in through your nose and out through your mouth.
- Thinking positively and practicing positive self-talk